



R.E.A.D ALOUD 3-6 MONTHS



READ

Continue your routine of reading aloud at least 3 books a day. Continue to read sturdy board books. You will know your baby is enjoying the book when they smile, kick their feet. It's OK to take a break if your baby is crying, arching her back or looking away.



ENGAGE

During this time you might start seeing smiles from your baby. Get more smiles from your singing songs like "Wheels on the Bus" or "Row, Row, Row your Boat."



ATTACH

Continue to work on bonding with your baby. Hold your baby in lap facing you. Make eye contact with your baby and talk to her in a gentle voice. When your baby responds smile.



DISCOVER

This age is a great time to begin discovering toys. Play with your baby by handing them toys to hold like soft balls, rattles, or stuffed animals. Let your baby spend time on their belly to discover their world from a different perspective.

