



R.E.A.D ALOUD BIRTH-3 MONTHS



READ

Start reading aloud to your baby now. It's not too early to start a reading routine. Your baby love your voice and reading a loud is the perfect way to bond and connect. Start by reading a book at naptime or bedtime. Set a goal to read at least 3 books a day.



ENGAGE

Take time to engage with your baby frequently during the day. One way to do this is to smile and respond when your baby makes a sound. This is how your baby has a conversation with you.



ATTACH

Birth to 3 months is an important time to start bonding with your baby. Take time to hold your baby and make eye contact. Your baby will soon start to smile and baby talk with you. Reading books and singing songs are a great way to make this time even more special.



DISCOVER

At this age your baby is still learning all about this new world. Take time to help your baby learn what is around them by talking to them about what you are doing and what they can see and hear.

